

ENGLISH BOOKS	#	AUTHOR(S)
A Decade of Lupus	1	Henrietta Aladjem
Are You Tired Again..... Children's workbook	1	Marilyn Weiberg Deutsch
Arthritis Helpbook	1	Kate Lorig, RN/ Dr James Fries, MD
"Butterflies and Sunshine" for You Teenager with S.L.E.	1	Raquel Hicks
Chronic Illness Experience (The)	1	Cheri Register
Chronic Illness & The Twelve Steps A practical approach to spiritual resilience	1	Martha Cleveland PhD
Chronic Muscle Pain Syndrome How to recognize & treat it	1	Paul Davidson, M.D.
Chronic Pain Control Workbook 2nd Edition	1	Ellen Mohr Catalano MA & Kimeron N. Hardin PhD
Control Your Pain 144 Sure Fire Strategies for Reducing Pain	2	Sean Hogan-Downey ACSW
Coping with Fibromyalgia	1	Beth Ediger
Coping with Lupus	2	Robert H. Phillips PhD
Digestive Wellness 2nd Edition	1	Elizabeth Lipski
Dancing on the Rivers Edge	1	Alida Brill & Dr M Lockshin
Easy Does It A Stretching Guide for Lupus Patients	1	Jean Anderson
Embracing the Wolf A Lupus victim & her family learn to live with a chronic disease	1	Bev Spinder

Fibromyalgia - Your personal Guide to living well	1 Arthritis Foundation, Atlanta GA
Foods that Fight Pain	1 Neal Barnard M.D.
Get to Sleep (How to Sleep Well)	1 Robert H Phillip PhD
Healing with Humour	1 Catherine Ripplinger Fenwick
Heartsearch Toward Healing Lupus	1 Donna Hamil Talman
How to Run a Meeting Step by Step Guide	1 Mary A DeVries
In Search of the Sun A womans courageous victory over lupus	1 Henrietta Aladjem & Peter Schur M.
Language of Water (The) A woman's struggle with S.L.E.	1 Jude Clark
Learning About Lupus 2nd Edition	1 Mary E. Moore M.D.
Living with Lupus All the knowledge you need to help yourself	1 Sheldon Paul Blau & Dodi Schultz
Living Well Despite Lupus! 204 sure fire techniques for taking charge of your life	2 Robert H. Phillips PhD
Living with Lupus Guide to understanding & controlling lupus	1 Mark & Brill Horowitz, Marietta Adra
Lupus Alternative Therapies that Work	1 Sharon Moore
LUPUS Everything You Need to Know	1 Robert G Lahita MD Robert H. Phillip PhD
Lupus: A Patient guide for nurses & health professionals	National Institute of Health, 1 National Institute of Arthritis & Musculoskeletal & Skin Diseases
Lupus and You	1 Park Nicolett
Lupus Book (The) 1995	1 Daniel J. Wallace

Lupus Book (The) 2000	1 Daniel J. Wallace
Lupus - Disease of 1000 Faces (The) 2nd Edition	1 Jean-Luc Senecal MD FRCPC
Lupus - Disease of 1000 Faces (The) 3rd Edition	1 *****
Lupus a GP Guide to Diagnosis	1 Lupus UK
Lupus: Living with It Why You Don't have To Be Healthy to Be Happy	1 Stacy Szasz
Lupus Now Magazine Several Issues	*****
Lupus: What's It All About?	1 Claudia Pagano R.N. Mary McClure Goulding
Monster Under the Bed (The) Child rearing when a parent is chronically ill	2 Barbara Butter
Moving Meetings	1 Jana M.Kemp
Power Nutrition for your Chronic Illness A guide to shopping, cooking & eating To get the Nutrition Edge	2 Kristine Napier
Question & Answer Booklets: Raynauds Phenomenon Sjogren's Syndrome Arthritis Pain Heritable Disorders of Connective Tissue Autoummunity Alopecia Areata	1
Sick & Tired of Feeling Sick and Tired	1 P. Donoghue & M. Siegel PH.D
Silver Linings Triumphs of the Chronically Ill & Physically Challenged	2 Shaena Engle
Understanding Lupus What it is, How to treat it, How to cope with it	2 Henrietta Aladjem

We are Not Alone : 1 Sefra Kobrin Pitzele
Learning to live with a Chronic Illness

When Mom Gets Sick 2 Rebecca Samuels

Young as You Look 1 Don Groot MD & Patricia Johnston

FRENCH BOOKS:

Les Epreuves d'un medecin qui est s'est 1 Howard S. Shapiro MD
retrouve dans la peau d'un patient

VHS TAPES

Stories of Lupus 1

Target Awareness 1
